



TRITONS TOGETHER

INCLUSIVITY, CIVILITY AND CONFLICT RESOLUTION

Tritons Together tackles the challenge of conflict arising from differing viewpoints, perspectives and ideas, activating constructive communication in service of mutual understanding and meaningful engagement. Its programs focus on training the leaders of tomorrow to become culturally conscious citizens in their communities and beyond, giving them the tools to sustain a culture of greater empathy and care. In today's ever-changing landscape, we all benefit by developing students' skills for engaging in civil discourse.

Since its inception in 2013, Tritons Together has prepared thousands of students to reframe incidents of conflict into respectful dialogue. The program teaches individuals how to bridge discussions with constructive communication across differences, promoting relationship-building and connection.

Tritons Together trains student leaders in inclusive dialogue practices, providing skills for stepping into highly charged situations in all contexts. This powerful framework empowers participants to engage meaningfully with others who hold differing viewpoints. In collaboration with the National Conflict Resolution Center (NCRC), workshops, trainings and other programs help our students learn and practice key communication techniques as they focus on inclusivity, civility and conflict resolution.

Here at UC San Diego, we train our students to be leaders in reconciliation, community-building and constructive communication.

At UC San Diego, we believe that what we don't know today will forever change our tomorrows. Empowered by generosity and fueled by curiosity, we are unafraid to chase the unknown — to ask the questions no one has asked before and to push the boundaries of possibility. Together, we unite diverse people and unconventional perspectives to propel limitless impact. Because we know that when we come together, nothing is beyond us.

15,107+

Students who have been trained in The Art of Inclusive Communication to date

50%

Participants who felt confident in their willingness to speak up against discrimination after completing a Tritons Together training

73%

Students who reported an increased awareness of stereotypical labels of other people after attending a Tritons Together workshop



PHILANTHROPIC OPPORTUNITIES

DEVELOPING EFFECTIVE COMMUNICATION SKILLS

The Art of Inclusive Communication is a dynamic and interactive training designed to help students facilitate inclusivity and cohesion on campus. Students can put what they learn into practice in their work as student leaders. Equipping our students to engage civilly across differences will give them important skills to help them thrive during their time at UC San Diego and long after they leave the campus setting. **Philanthropic support is necessary to increase the number of workshops Tritons Together is able to offer** — expanding programmatic reach to both undergraduate student organizations and graduate student groups.

ENGAGING DIALOGUE CIRCLES

In addition to enhancing leadership and equity skills among students, **Tritons Together envisions adding organized Dialogue Circles to bring communities together to engage in talks across differences.** Being able to immediately put skills into practice can help students process tough conversations and learn how to engage with others who have differing values or opinions. Dialogue Circles can support resident advisors as they mediate roommate conflicts or support scholar-athletes serving as team captains. Philanthropic contributions to Tritons Together will help us build spaces where participants can learn tactics for conflict resolution as they practice deep listening and broaden their perspectives.

TRAINING TOMORROW'S LEADERS

Tritons Together programs help teach our students to interact with one another and actively develop their capacity to make a difference in their wide-ranging social, family and vocational spheres. Your support helps **foster the next generation of inclusive leaders who will promote understanding, facilitate resolution and unite communities through effective and inclusive communication.**

Together, we can do more than just bridge divides. You can help create opportunities for students to build resilient connections as they learn to repair fractures and heal a divided world.

Learn more at tritonstogether.ucsd.edu

For more information about supporting Tritons Together, please contact:

Tiffany Ayres

Director of Development

Student Support and Success

tayres@ucsd.edu

UC San Diego



**NATIONAL
CONFLICT
RESOLUTION
CENTER.**